



Australian Government
Repatriation Medical Authority

Statement of Principles
concerning
ALLERGIC RHINITIS
(Balance of Probabilities)
(No. 112 of 2022)

The Repatriation Medical Authority determines the following Statement of Principles under subsection 196B(3) of the *Veterans' Entitlements Act 1986*.

Dated 21 October 2022.

The Common Seal of the
Repatriation Medical Authority
was affixed to this instrument
at the direction of:

Professor Terence Campbell AM
Chairperson

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1 Name

This is the Statement of Principles concerning *allergic rhinitis (Balance of Probabilities)* (No. 112 of 2022).

2 Commencement

This instrument commences on 21 November 2022.

3 Authority

This instrument is made under subsection 196B(3) of the *Veterans' Entitlements Act 1986*.

4 Repeal

The Statement of Principles concerning allergic rhinitis No. 23 of 2014 (Federal Register of Legislation No. F2014L00300) made under subsection 196B(3) of the VEA is repealed.

5 Application

This instrument applies to a claim to which section 120B of the VEA or section 339 of the *Military Rehabilitation and Compensation Act 2004* applies.

6 Definitions

The terms defined in the Schedule 1 - Dictionary have the meaning given when used in this instrument.

7 Kind of injury, disease or death to which this Statement of Principles relates

- (1) This Statement of Principles is about allergic rhinitis and death from allergic rhinitis.

*Meaning of **allergic rhinitis***

- (2) For the purposes of this Statement of Principles, allergic rhinitis:
- (a) means symptomatic inflammation of the nasal mucosa associated with allergen exposure and mediated by an immunoglobulin E (IgE) allergic response;
 - (b) includes:
 - (i) intermittent (seasonal) allergic rhinitis;
 - (ii) local allergic rhinitis;
 - (iii) occupational allergic rhinitis; and
 - (iv) persistent (perennial) allergic rhinitis; and
 - (c) excludes:

- (i) allergic fungal rhinosinusitis;
- (ii) eosinophilic granulomatosis with polyangiitis;
- (iii) non-allergic rhinitis; and
- (iv) vasomotor rhinitis.

Note 1: Symptoms of allergic rhinitis include rhinorrhea, nasal congestion or blockage, itching of the nose and sneezing.

Note 2: Some patients with chronic rhinosinusitis with nasal polyposis or central compartment atopic disease may also have allergic rhinitis.

- (3) While allergic rhinitis attracts ICD-10-AM code J30.1, J30.2, J30.3 or J30.4, in applying this Statement of Principles the meaning of allergic rhinitis is that given in subsection (2).
- (4) For subsection (3), a reference to an ICD-10-AM code is a reference to the code assigned to a particular kind of injury or disease in *The International Statistical Classification of Diseases and Related Health Problems, Tenth Revision, Australian Modification (ICD-10-AM)*, Tenth Edition, effective date of 1 July 2017, copyrighted by the Independent Hospital Pricing Authority, ISBN 978-1-76007-296-4.

Death from allergic rhinitis

- (5) For the purposes of this Statement of Principles, allergic rhinitis, in relation to a person, includes death from a terminal event or condition that was contributed to by the person's allergic rhinitis.

Note: *terminal event* is defined in the Schedule 1 – Dictionary.

8 Basis for determining the factors

On the sound medical-scientific evidence available, the Repatriation Medical Authority is of the view that it is more probable than not that allergic rhinitis and death from allergic rhinitis can be related to relevant service rendered by veterans or members of the Forces under the VEA, or members under the MRCA.

Note: *MRCA*, *relevant service* and *VEA* are defined in the Schedule 1 – Dictionary.

9 Factors that must exist

At least one of the following factors must exist before it can be said that, on the balance of probabilities, allergic rhinitis or death from allergic rhinitis is connected with the circumstances of a person's relevant service:

- (1) being exposed to an allergenic stimulus within the 24 hours before the clinical onset of allergic rhinitis;

Note: *allergenic stimulus* is defined in the Schedule 1 – Dictionary.

- (2) having a sensitising exposure to an allergen before the clinical onset of allergic rhinitis;

Note: *sensitising exposure to an allergen* is defined in the Schedule 1 – Dictionary.

- (3) being exposed to an allergenic stimulus within the 24 hours before the clinical worsening of allergic rhinitis;

Note: *allergenic stimulus* is defined in the Schedule 1 – Dictionary.

- (4) inability to obtain appropriate clinical management for allergic rhinitis.

10 Relationship to service

- (1) The existence in a person of any factor referred to in section 9, must be related to the relevant service rendered by the person.
- (2) The factors set out in subsections 9(3) and 9(4) apply only to material contribution to, or aggravation of, allergic rhinitis where the person's allergic rhinitis was suffered or contracted before or during (but did not arise out of) the person's relevant service.

11 Factors referring to an injury or disease covered by another Statement of Principles

In this Statement of Principles:

- (1) if a factor referred to in section 9 applies in relation to a person; and
- (2) that factor refers to an injury or disease in respect of which a Statement of Principles has been determined under subsection 196B(3) of the VEA;

then the factors in that Statement of Principles apply in accordance with the terms of that Statement of Principles as in force from time to time.

Schedule 1 - Dictionary

Note: See Section 6

1 Definitions

In this instrument:

allergic rhinitis—see subsection 7(2).

allergenic stimulus means an exogenous antigen capable of stimulating a type-I hypersensitivity reaction in atopic individuals through IgE responses, and which:

- (a) is associated with the onset of allergic rhinitis symptoms; and
- (b) has been confirmed by specific allergy testing, including:
 - (i) a positive skin prick test; or
 - (ii) a positive serum test for allergen specific IgE; or
 - (iii) a nasal specific allergen challenge.

MRCA means the *Military Rehabilitation and Compensation Act 2004*.

relevant service means:

- (a) eligible war service (other than operational service) under the VEA;
- (b) defence service (other than hazardous service and British nuclear test defence service) under the VEA; or
- (c) peacetime service under the MRCA.

Note: ***MRCA*** and ***VEA*** are also defined in the Schedule 1 - Dictionary.

sensitising exposure to an allergen means an exposure to an allergen without the occurrence of symptoms where the clinical onset of allergic rhinitis occurs within 24 hours of a subsequent exposure to the same allergen.

terminal event means the proximate or ultimate cause of death and includes the following:

- (a) pneumonia;
- (b) respiratory failure;
- (c) cardiac arrest;
- (d) circulatory failure; or
- (e) cessation of brain function.

VEA means the *Veterans' Entitlements Act 1986*.